

Self-Reflection Worksheet

If you were interviewed and someone asked you the following questions, how might you respond?

1. Provide some examples about your passion about something.

2. Provide some examples about your confidence in a topic.

3. Provide some examples of times when you were self-disciplined.

4. Provide some examples of your ability to multi-task.

Were you able to come up with some good examples for each question?

Passion, confidence, self-discipline, and multi-tasking are important traits for business owners.